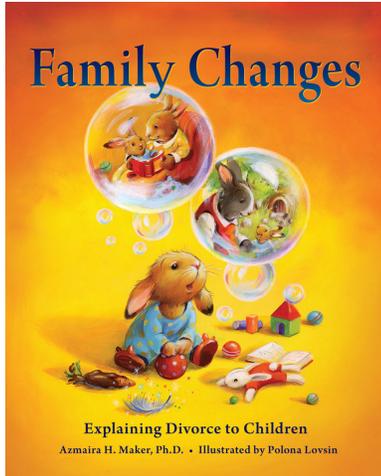


Family Changes: Explaining Divorce to Children



Azmaira H. Maker, Ph.D.

Illustrated by Polona Lovsin

Trade Paperback

8 x 10

List Price: \$14.95 U.S.

34 pages

ISBN: 978-0-9961941-0-5

Ages 4 to 8

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"Divorce" is a big word... especially for little kids. It's hard for young children to understand what the word means, let alone how it will impact their lives--and it's hard for us, as grown-ups, to explain it to them in terms they can fully comprehend.

Nonetheless, when a child is involved in a family divorce or separation, it is crucial that he or she understands and embraces the changes... and this book will help you explain the transitions to your child.

Family Changes is a delightfully informative children's book that tackles a complicated topic in compassionate, child-friendly terms. Ideal for young minds aged four through eight, it features a colorful cast of fuzzy characters led by a young bunny named Zoey, who is struggling with her parents' divorce and is riddled by important questions and feelings your child is likely to encounter.

In addition to the heartfelt story at its core, ***Family Changes*** also offers parents, therapists, teachers, and caregivers valuable information on how to ease children through this significant life change. A comprehensive note to parents and a list of essential child-focused questions are provided to guide the adult and child, and are certain to be an asset to both children and adults involved in the divorce/separation process.

Praise For *Family Changes*:

"A unique, positive, and creative resource for helping children understand and cope with this complicated transition. This book will be greatly valued by parents, therapists, child advocates, teachers, and others who wish to better serve children during this difficult time. I highly recommend this book to parents and professionals." —Sacha Coupet, Ph.D., J.D. Clinical Psychologist & Associate Professor of Family Law Loyola University, Chicago, IL.

"Dr. Maker has brought us this excellent child-centric educational book on how to navigate the changes of a family undergoing divorce. Dr. Maker takes us through this experience from the child's point of view and shares the gift of positive transformation that can occur during this life-changing time. The illustrations are sublime and the topic is handled so gently and ingeniously. Written by a child psychologist with the gift of creativity; every family going through divorce should have *Family Changes* on their shelves." —Krista Roybal, M.D., Psychiatrist, Executive Medical Director, True Life Center for Wellbeing, La Jolla, CA