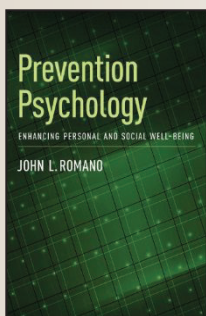


Newer titles of interest to the counseling community

Prevention Psychology: Enhancing Personal and Social Well-Being

By John L. Romano, American Psychological Association



This book offers a unique and comprehensive presentation of the science and practice of prevention for professionals and students in various disciplines, including counseling,

psychology, education and health sciences. Among the chapters are those that describe major theoretical frameworks, risk and protective factors, and descriptions of exemplary and evidenced-based prevention applications in schools, communities and health care settings. The author details the importance of prevention to address major social inequities through systemic applications, including practical guidance for developing, implementing and evaluating evidence-based prevention interventions. The book includes an extensive up-to-date bibliography and a list of annotated prevention resources.

Restoring Resilience: Discovering Your Clients' Capacity for Healing

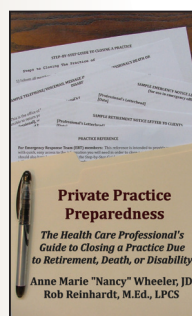
By Eileen Russell, W.W. Norton & Co.

People enter therapy not just because they are stuck and struggling but also because they are ready for change and have some hope of experiencing it. That readiness is a manifestation of each person's innate resilience or capacity to work on his or her own behalf to heal. This book offers the idea that the best way to help with what's going wrong in people's lives is to build from the

foundation of what's going right. In this book, therapists will learn how to identify the potential for resilience in clients and help them cultivate and deepen it for lasting change.

Private Practice Preparedness: The Health Care Professional's Guide to Closing a Professional Practice Due to Retirement, Death or Disability

By Anne Marie "Nancy" Wheeler & Rob Reinhardt, Soul Intent Arts



Whether you've been in practice three days or 30 months, it's time to prepare for the unexpected. Even though the 2014 *ACA Code of Ethics* mandates emergency planning, it is often overlooked. Without planning, counselors' clients, families and colleagues are often left to pick up the pieces in the event of disability, illness or death. Even when voluntary retirement is in the future, the details can be daunting. This e-book provides critical information and downloadable, customizable templates (practice reference, step-by-step guide to closing a practice, records custodian agreement, notices and more) to help professional counselors prepare for the future.

Getting Gamers: The Psychology of Video Games and Their Impact on the People Who Play Them

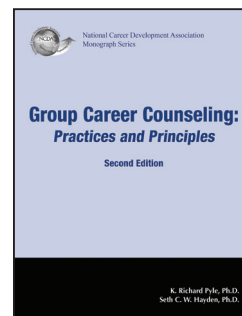
By Jamie Madigan, Rowman & Littlefield Publishers

With sales in the tens of billions of dollars each year, almost everybody is playing some kind of video game,

whether on a console, a computer, a web browser or a phone. Much of the medium's success is built on careful (though sometimes unwitting) adherence to basic principles of psychology, which is becoming even more important as games become more social, interactive and sophisticated. With examples from the games themselves, the author — a psychology Ph.D., lifelong gamer and gaming industry veteran — offers a fuller understanding of the games' impact on our psychology and the influence of psychology on our games.

Group Career Counseling: Practices and Principles, Second Edition

By K. Richard Pyle & Seth C. W. Hayden, National Career Development Association



The second edition of this monograph provides a comprehensive resource on group career counseling (GCC). It is appropriate for use

by counselors, career professionals and facilitators, and, in some cases, paraprofessionals. The six chapters answer the following questions: What is GCC and why use it? What are the precepts and unique characteristics of GCC? What is an example of a GCC program? Where can GCC be used, and how can it be effectively implemented? How does GCC relate to other career development groups? How does GCC relate to theories of counseling and career development?

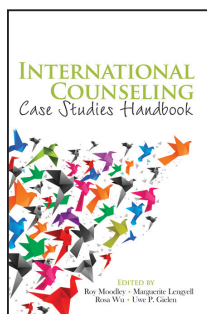
ASSIP – Attempted Suicide Short Intervention Program: A Manual for Clinicians

By Konrad Michel & Anja Gysin-Maillart, Hogrefe Publishing

Attempted suicide is the main risk factor for suicide. The Attempted Suicide Short Intervention Program (ASSIP) described in this manual is an innovative brief therapy that has proved in published clinical trials to be highly effective in reducing the risk of further attempts. The emphasis is on the therapeutic alliance with the suicidal patient, based on an initial patient-oriented narrative interview. The four therapy sessions are followed by continuing contact with patients by means of regular letters. The book includes numerous checklists, handouts, and standardized letters for use by health professionals in various clinical settings.

International Counseling Case Studies Handbook

Edited by Roy Moodley, Marguerite Lengyell, Rosa Wu & Uwe P. Gielen, American Counseling Association



In this book, designed to increase mental health professionals' global literacy, authors from 33 countries demonstrate multicultural skills and competencies through case studies that

illustrate approaches to counseling and psychotherapy in their countries. Chapters focus on a cross section of countries in Africa; Australia and Asia; Central, North and South America; Europe; and the Middle East. Each case describes the client and his or her presenting concerns and includes a culture-sensitive assessment and treatment plan, an analysis and critical reflection of the case and questions for discussion. The final chapter of the text presents a comparative analysis of the cases.

Family Changes: Explaining Divorce to Children

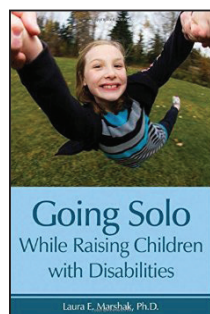
By Azmaira H. Maker, Aspiring Families Press

This heartfelt story teaches parents and other influential adults in a child's

life, including teachers, grandparents and therapists, how best to explain the emotional and confusing experience of divorce to young children. Perfect for children ages 4-8, the book features a colorful cast of fuzzy characters, including a young bunny protagonist named Zoey, who walks readers through shifting family dynamics and her related feelings and thoughts. An interactive therapeutic section in the "Note to Adults" and key "Process Questions" at the end of the book help facilitate a developmentally appropriate dialogue between adult and child.

Going Solo While Raising Children With Disabilities

By Laura E. Marshak, Woodbine House



It's a fact that children with disabilities are more likely than other children to live in single-parent homes. Those who are raising a child with disabilities on their own, whether by choice or circumstance, will find a wealth of support, affirmation and practical ideas in this guide to living well. This is the first book for solo parents whose kids have a wide variety of disabilities (physical, neurodevelopmental and psychiatric), and who are widowed, separated, divorced, single by choice, adoptive/foster parents, or military spouses with deployed partners. The author provides reliable coping strategies gleaned from 25 years in practice.

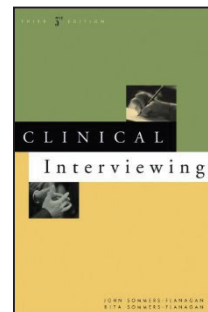
Child & Adolescent Mental Health: A Practical, All-in-One Guide

By Jess P. Shatkin, W.W. Norton & Co.

With the number and type of mental health issues in kids on the rise, and as more and more clinicians and counselors are being pushed to the front lines of defense, now more than ever there is a need for a comprehensive, practical resource that guides professionals through the complexities of child and adolescent mental health. This practical, comprehensive book answers that call.

Clinical Interviewing, Fifth Edition

By John Sommers-Flanagan & Rita Sommers-Flanagan, Wiley



This resource blends a personal and easy-to-read style with a unique emphasis on both the scientific basis and interpersonal aspects of mental health interviewing. It guides clinicians through elementary listening and

counseling skills onward to more advanced, complex clinical assessment processes, such as intake interviewing, mental status examination and suicide assessment. It also shines a spotlight on development of a multicultural orientation. Included is an access code for the Video Resource Center that features commentary from the authors, as well as counseling demonstrations that show what clinical interviewing skills look like in different environments and with a range of clients.

Psychotherapy Case Formulation

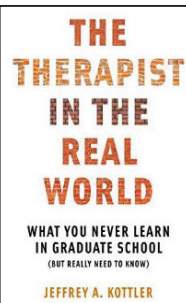
By Tracy D. Eells, American Psychological Association

Formulating cases is an essential component of psychotherapy training and practice. Yet beginning therapists often struggle to organize their ideas about the client and apply theory to the case. This concise and engaging book, part of the Theories of Psychotherapy Series, is based on the author's extensive experience teaching case formulation to graduate students. It describes a highly adaptable and evidence-based framework for conceptualizing clients and planning treatment. Applicable to both simple and complex cases, the model can be used regardless of one's theoretical orientation. The volume is an indispensable aid for novice therapists seeking to develop this core competency.

The Therapist in the Real World: What You Never Learn in Graduate School (But Really Need to Know)

By Jeffrey A. Kottler, W.W. Norton & Co.

Graduate school and professional training often focus on academic preparation, but there's a lot more that therapists need to know to be successful after graduation.



With warmth, wisdom and expertise, the author covers crucial but underaddressed challenges that therapists face in their professional lives at all levels of experience. Part I covers the changing

landscape of the mental health profession and the limits and merits of professional training. Part II explores important issues that are often overlooked during training years. Part III focuses on areas in which even experienced therapists can continue to hone their talents and maximize their potential.

8 Keys to Raising the Quirky Child: How to Help a Kid Who Doesn't (Quite) Fit In

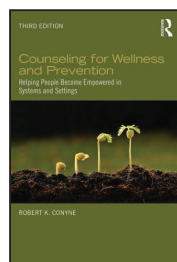
By Mark Bowers, W.W. Norton & Co.

A quirky child experiences difficulty fitting in and connecting with others, usually because of an interpersonal style or behavior that stands out from the other kids. These kids are not so far afield as to fall on the autism spectrum, but they

are unique, and their behaviors are not addressed in typical parenting books. This book defines “quirky” markers and offers strategies for parents to understand their children’s brains and behaviors; to know what is developmentally appropriate and what isn’t; to understand how to reach their kids; and to help facilitate their social functioning in the world.

Counseling for Wellness and Prevention: Helping People Become Empowered in Systems and Settings, Third Edition

By Robert K. Conyne, Routledge



This revision of the classic *Preventive Counseling* provides counselors with evidence-based, contemporary guidance to help clients and the general population enhance their overall wellness and ward

off future dysfunction. The author demonstrates how the traditional model of individual therapy can be expanded to embrace wellness, prevention and strategies

for implementing broad community change. The book is ideal for counselor education courses, including connections to CACREP accreditation standards. It is also an excellent choice for psychology programs, highlighting the American Psychological Association-approved prevention guidelines for psychologists, as well as for social work, where prevention and community change have long been hallmarks. ♦

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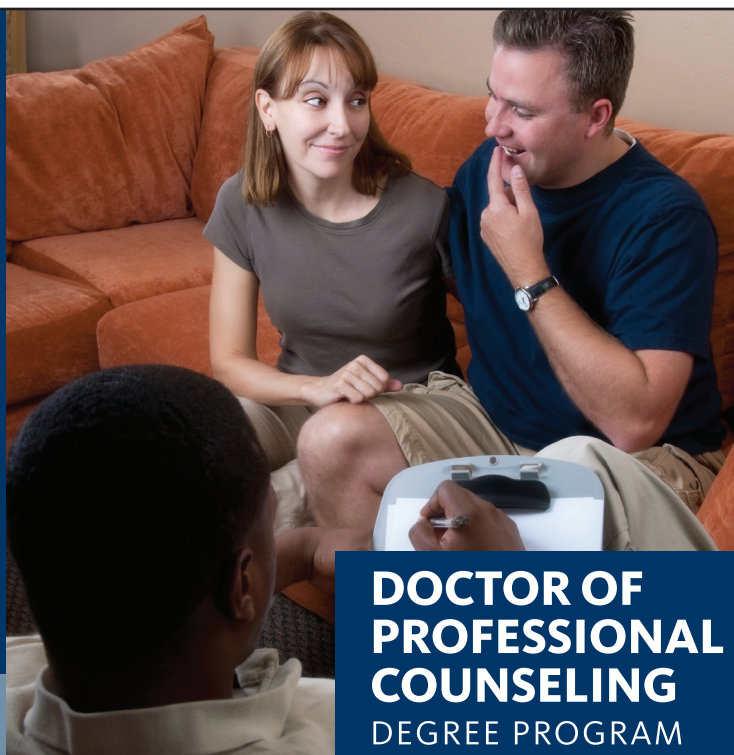
HIGHLIGHTS

- ▶ Year-round admission
- ▶ On campus and online courses
- ▶ Experienced clinical faculty
- ▶ Cohorts of supportive professional colleagues
- ▶ Clinical specialization
- ▶ Evidence based practice
- ▶ Psychotherapy integration
- ▶ International learning opportunities
- ▶ Community service
- ▶ Clinical project instead of dissertation

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DOCTOR OF PROFESSIONAL COUNSELING DEGREE PROGRAM

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GRADUATE & PROFESSIONAL STUDIES